



# The Search Is On!

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Are you a heart attack survivor?

Have you made a lifestyle change in an effort to help prevent heart disease?

Are you a heart disease survivor?

If you live in Guilford County and answered "yes" to any of these questions, nominate yourself to be one of three women in the spotlight! You may also nominate another woman who meets the criteria.

The American Heart Association is searching for the Guilford Go Red Women of 2013. To be considered, videotape your personal experience with heart disease or with improving your lifestyle and then upload your video submission by April 22 at [www.facebook.com/triadaha](http://www.facebook.com/triadaha). You may also mail your story and a photo to the American Heart Association offices at 101 Centreport Drive, Suite 130, Greensboro, NC 27409 or stop by in person to enter.

The chosen women will represent Go Red For Women in Guilford County throughout the year and receive amazing prizes! Winners will be announced at the Guilford Go Red Educational Expo and Luncheon on May 6.

For more information, visit [www.heart.org/guilfordncgoredluncheon](http://www.heart.org/guilfordncgoredluncheon).



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